The 2023 PSPS Annual Meeting: Pushing Surgical and Pain Frontiers Together September 6-9th, 2023 Four Seasons Hotel Ko'Olina, O'ahu, Hawai'i





PSPS President's Welcome

Aloha and welcome to PSPS2023 in idyllic Ko'Olina, O'ahu. We can't get more Pacific than this. It has been a long-term goal since the inception of PSPS to have a meeting of this magnitude in Hawai'i and a special thank you to our members, Drs. Eric Lee and Jon Carlson, from Hawai'i who have welcomed us in the most gracious manner. Our keynote speaker, Dr. Peter Staats, who founded the Johns Hopkins Pain Program and has been President in several important societies grew up here in Hawai'i. We are honored to hear his cannot-miss Keynote address on Friday.

Every year there is change in spine care and this year is no different as we continue to emerge from the path of COVID-19. We are continuing to see new innovation in neurostimulation, minimally-invasive spine, sacroiliac joint intervention, endoscopic spine surgery, and practice management. Evidence has continued to develop and PSPS has been the leader in presenting these data. We also want to be the nidus of new ideas and proofs of concept -- congratulations to our grants and abstracts winners.

As a collaborative society, the annual planning committee has laid out a wonderful agenda that weaves through all aspects of pain and spine care from pain psychology, to structural degeneration, cancer pain, and to neuromodulation. Our APP course is designed to promote the integration of pain and spine surgery, as well as APPs to physicians. Fellows and young physicians can enjoy the opportunity to network and learn how to navigate the current debates in spine care.

Lastly, this is my final meeting as President of Pacific Spine & Pain Society, and it has been an honor to lead this growing society over the last two years. I am excited about our new chapter with Dr. Michael Oh, Neurosurgeon from University of California - Irvine taking over as President, and I will of course be there to assist him as he needs as Immediate Past President. My hope is that PSPS becomes the society that leads the discussion on therapies that are shared by spine surgeons and pain physicians, and provides guidance to payers, health-care providers, and patients.

Please enjoy your time here in Hawai'i. It is a special place rich with culture, history, and of course its unique paradisiacal environment.

Mahalo. Ramo K. Naidu, MD President, PSPS

The 2023 PSPS Annual Meeting: Pushing Surgical and Pain Frontiers Together

Dear PSPS 2023 Participants,

We are delighted to extend a warm aloha and welcome you to the beautiful Hawaiian Islands for this year's conference. We hope you are just as excited as we are to embark on this incredible journey of learning, networking, and exploring.

As you may already know, this year's conference promises to be one of the most engaging and informative events in the field of spine and pain. With a comprehensive program, you will have the opportunity to engage with experts and peers, gain insight into the latest techniques and practices, and discover new perspectives on the ever-evolving landscape of spine surgery and pain management.

Moreover, as you participate in this year's conference, we encourage you to take time to experience the awe-inspiring beauty of Hawai'i, from its pristine beaches and stunning sunsets to its rich culture and history. The Aloha State is more than just a destination, it's a way of life, and we hope your time here will be memorable and invigorating.

We would like to extend our sincere gratitude to our sponsors, partners, and volunteers who have worked tirelessly to make this event possible. We would also like to thank each of you for your contributions to this community, and we look forward to seeing the advancements and breakthroughs you will bring to the field.

Once again, welcome to Hawai'i, and we hope you enjoy this amazing experience with us.

Mahalo nui loa.

Eric T. Lee, MD Scott G. Pritzlaff, MD Michael Y. Oh, MD



| | Wednesday, September 6th, 2023 | | | | |
|-------------|--------------------------------|---|--------------------------------|--|--|
| Time | Location | Topic | Faculty | | |
| 12:00P | Ko'Olina 4&5 | Set up for Lab at Four Seasons *not part of the CME program, no CME credit available | | | |
| 12:00-6:00P | Ko'Olina 1&2 | Exhibitor Set-up and Early Registration *not part of the CME program, no CME credit available | | | |
| 3:30-4:30P | Malolo Room | PSPS Order of Business, Executive Board Elections *not part of the CME program, no CME credit available | Board of Directors (Mandatory) | | |
| 4:30-5:30P | Malolo Room | Industry Meetings: 4:30-4:50PM - Platinum Sponsor Nevro 4:50-5:10PM - Platinum Sponsor Medtronic 5:10-5:30PM - Platinum Sponsor Boston Scientific *not part of the CME program, no CME credit available | Board of Directors (Mandatory) | | |
| 5:30-6:30P | Malolo Room | Board of Directors Dinner Sponsored by Silver Sponsor Vertos Medical *not part of the CME program, no CME credit available | Board of Directors (Mandatory) | | |

Thursday, September 7th, 2023 Surgical and Interventional Pain Showcase Theater Course Directors: Samir J. Sheth, MD, Vafi Salmasi, MD, Jonathan D. Carlson, MD

| Time | Location | Торіс | | Faculty | |
|---|-------------------------------|---|--|--|--|
| 7:15A | Ocean Prefunction Foyer | Regist | tration | | |
| 7:30A – 8:00A | Ocean Ballroom | | fast Sponsored by Silver Sponsor SPR The | | |
| Demo Lab | | | U/S Hands On Rotations 30 minute rotations | Round Table Discussion Rotations (non-CME) 20 minute rotations | |
| Group A: 8:00-8:20A Group B: 10:00-10:20A Group C: 1:00-1:20P RFA Procedure Interactive Didactic Douglas P. Beall, MD | | | | Saluda Closed Loop SCS Discussion Leader Jason E. Pope, MD | |
| Group A: 8:20-8:40A Group B: 10:20-10:40A Group C: 1:20-1:40P Restorative Neurostimulation for Chronic Low Back Pain Michael Y. Oh, MD | | Upper Extremity Einar Ottestad, MD, CIPS, FIPP | Vertiflex Discussion Leader: Jennifer M. Lee, MD | | |

| Group A: 8:40-9:00A Group B: 10:40-11:00A Group C: 1:40-2:00P DRG Procedure Demonstration: Patrick Buchanan MD | | Lower Extremity | CornerLoc SI Joint Fusion Discussion Leader: Pankaj Mehta, MD | |
|--|----------------|--|--|---------|
| Group A: 9:00-9:20A Group B: 11:00-11:20A Group C: 2:00-2:20P Percutaneous Image-Guided Lumbar Decompression Michael Verdolin, MD | | Scott G. Pritzlaff, MD | Mainstay - Restorative Neurostimulation for CLBP Round Table Discussion Discussion Leader: Robert D. Heros, MD | |
| Group A: 9:20-9:40A Group B: 11:20-11:40A Group C: 2:20-2:40P SI Joint Fusion Denis G. Patterson, DO | | PNS with EPG 60-day Implant Ryan Mattie, MD | SPR - PNS Round Table Discussion Leader: Samir J. Sheth, MD, Vafi Salmasi, MD | |
| Group A: 9:40-10:00A Group B: 11:40A-12:00P Group C: 2:40-3:00P Balloon Kyphoplasty Michael J. Dorsi, MD, and Yu-Po Lee, MD | | Joint Injections and Trunk Zachary McCormick, MD, and Sandy Christiansen, MD | Abbott Neurostimulation Portfolio Roundtable Discussion Leader: Eric G. Cornidez, MD, MBA | |
| 12:00-1:00P | Ocean Ballroom | | n Sponsored by Silver Sponsor Saluda Med Doart of the CME program, no CME credit avo | |
| 3:00-5:00P Ko'Olina 5 Facul | | te Hands-On Training Sponsored by Pain ty: Jonathan D. Carlson, MD, and Patrick part of the CME program, no CME credit avo | Buchanan MD | |
| 5:00-6:00P Ocean Lawn East Bosto | | Off PSPS Annual Meeting 2023 Reception Scientific Output Description of the CME program, no CME credit avoidable. | | |
| 7:00P | Ocean Ballroom | | er Sponsored by Silver Sponsor PainTEQ | ailable |

Thursday, September 7th, 2023 Advanced Practice Providers (APP) Course Course Directors: Denis G. Patterson, DO, and Jacqueline Weisbein, DO

| Time | Location | Topic | Faculty |
|---------------|-------------------|--|--|
| 7:30A – 8:00A | Ocean Ballroom | Breakfast Sponsored by Silver Sponsor SPR Therapeutics *not part of the CME program, no CME credit available | |
| 8:00-8:10A | Ko'Olina 3 | Opening Remarks | Denis G. Patterson, DO, and Jacqueline Weisbein, DO |
| 8:10-8:40A | Ko'Olina 3 | MRI/CT Scan Readings | Victoria Flower, APN |
| 8:40-9:10A | Ko'Olina 3 | Osteoporosis Management and When to Consider Vertebral Augmentation/Kyphoplasty | Kaelyn Caspillo, PA |
| 9:10-9:40A | Ko'Olina 3 | Recognizing and Managing Complications | Jacqueline Weisbein, DO |
| 9:40-10:00A | Ko'Olina 1&2 | Break with Exhibits *not part of the CME program, no CME credit available | |
| 10:00-10:30A | KoʻOlina 3 | Documentation and Billing/Coding/Auth Requirements (MBBs/SIJ) | Jacqueline Weisbein, DO |
| 10:30-11:00A | KoʻOlina 3 | Abdominal/Pelvic Pain | Dave Dickerson, MD, Rita Locher, APRN |

| 11:00-11:30A | Ko'Olina 3 | CRPS Diagnosis and Management | Jill Study, APN |
|---------------|-------------------|--|--|
| 11:30A-12:00P | Ko'Olina 3 | SCS and Emerging FDA Indications | Steven M. Falowski, MD |
| 12:00-1:00P | Ocean Ballroom | Lunch Sponsored by Silver Sponsor Saluda Medical *not part of the CME program, no CME credit available | |
| 1:00-1:30P | KoʻOlina 3 | Panel Discussion: MIS vs Open Spinal Procedures | Yu-Po Lee, MD, Jenna Abeloe, APN, Denis Patterson, DO, Brittney Misercola, APN |
| 1:30-2:00P | Ko'Olina 3 | ALIF vs TLIF vs XLIF vs PLIF | Brian W. Su, MD |
| 2:00-2:30P | KoʻOlina 3 | Panel Discussion: Reoperation vs SCS | Whitney James, MD, Michael Dorsi, MD, Jacqueline Weisbein, DO |
| 2:30-2:50P | KoʻOlina 1&2 | Break with Exhibits *not part of the CME program, no CME credit available | |
| 2:50-3:20P | Ko'Olina 3 | Difficult Patient/Nothing Further to Offer - How to Address | Dave Dickerson, MD, Rita Locher, APRN |
| 3:20-3:50P | Ko'Olina 3 | Advancing your Knowledge | Britney Misercola, APN |
| 3:50-4:20P | KoʻOlina 3 | Pain Management Medication Guidance: Non-opioids vs Opioids | Denis G. Patterson, DO |
| 4:20-4:30P | Ko'Olina 3 | Closing Remarks | Denis G. Patterson, DO, and Jacqueline Weisbein, DO |

| 5:00P | Ocean Lawn East | Kick Off PSPS Annual Meeting 2023 Reception Sponsored by Platinum Sponsor Boston Scientific |
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| | | *not part of the CME program, no CME credit available |

| Course Dir | ectors: Eric T. Lee | Friday, September 8th, 2023 Plenary Session e, MD Scott G. Pritzlaff, MD, Jason E. Pope, MD, M Naidu, MD | ichael Y. Oh, MD, Ramo K. |
|--------------|-------------------------------|---|--------------------------------------|
| Time | Location | Topic | Faculty |
| 7:15A | Ocean Prefunction Foyer | Registration and Check In | |
| 7:30-8:15A | Ocean Ballroom | Registration and Breakfast Sponsored by Gold Sponsor SI BONE *not part of the CME program, no CME credit available | |
| 8:15-8:20A | Ko'Olina 4&5 | President's Welcome | Ramo K. Naidu, MD |
| Foundatio | ns for Success | | |
| 8:20-8:35A | Ko'Olina 4&5 | Collecting the Evidence to Support the Outcomes | Ramo K. Naidu, MD |
| 8:35-8:50A | Ko'Olina 4&5 | Psychological Assessment: Critical First Steps | Ravi Prasad, PhD |
| 8:50-9:05A | Ko'Olina 4&5 | Spinal Alignment: What to Look For | Andrew Vivas, MD |
| 9:05-9:20A | Ko'Olina 4&5 | Terminology in Spine Surgery and Pain Medicine: Nomenclature Review and Updates | Yu-Po Lee, MD |
| Lumbar St | enosis- Settin | g the Standard | |
| 9:20-9:25A | Ko'Olina 4&5 | Welcome | Michael J. Dorsi, MD |
| 9:25-9:40A | Ko'Olina 4&5 | Minimally Invasive Defined and When to Fuse? | William F. Beringer, DO, FACOS |
| 9:40-9:55A | Ko'Olina 4&5 | Indirect Lumbar Decompression using Spacers. Are They Valid? | Steven M. Falowski MD |
| 9:55-10:10A | Ko'Olina 4&5 | Epidural Steroid Injections and Minimally Invasive Lumbar Decompression | Samir J. Sheth, MD |
| 10:10-10:25A | Ko'Olina 4&5 | Endoscopic Lumbar Spine Uniportal vs Biportal | Don Young Park, MD |
| 10:25-10:40A | Ko'Olina 4&5 | Unilateral Approach for Bilateral Decompression | Brian W. Su, MD |
| 10:40-10:55A | Ko'Olina 4&5 | Panel: Q&A | Moderated by Michael J. Dorsi, MD |

| | | | Panel: William F. Beringer, DO, FACOS, Steven M. Falowski MD, Brian W. Su, MD, Don Young Park, MD, Samir J. Sheth, MD |
|--------------|----------------|--|--|
| 10:55-11:10A | Ko'Olina 1&2 | Break with Exhibits *not part of the CME program, no CME credit available | |
| 11:10-11:15A | Ko'Olina 4&5 | Introduction of Keynote Speaker | Ramo K. Naidu, MD |
| 11:15-11:40A | KoʻOlina 4&5 | Keynote Speaker: Frontiers: Past Present and Future The Evolution of the Field of Pain Medicine *not part of the CME program, no CME credit available | Peter Staats, MD, MBA |
| Spectrum | of Care Series | : Axial Pain: Vertebrogenic vs Discog | enic Pain |
| 11:40-11:45A | Ko'Olina 4&5 | Welcome and Case Presentation | Jonathan D. Carlson, MD |
| 11:45-12:00P | Ko'Olina 4&5 | How to Target Anterior Column Axial Pain: A Panel Discussion | Nick Jain, MD, Edward S. Yoon, MD, and Douglas P. Beall, MD |
| 12:00-1:00P | Ocean Ballroom | Lunch Symposium Sponsored By Silver Sponsor Mainstay Medical *not part of the CME program, no CME credit available | |
| Neurostim | ulation - Fron | tiers From Here | |
| 1:00P | Ko'Olina 4&5 | Welcome | Eric T. Lee, MD |
| 1:00-1:15P | Ko'Olina 4&5 | SCS: Minimizing Complications | Lawrence Poree, MD, MPD, PhD |
| 1:15-1:30P | Ko'Olina 4&5 | Paddle vs. Perc: Advantages of Both | Whitney James, MD, MHS |
| 1:30-1:45P | Ko'Olina 4&5 | SCS: Technological Advancements and Maintaining Outcomes | Dave Dickerson, MD |
| 1:45-2:00P | Ko'Olina 4&5 | Dorsal Root Ganglion Stimulation: What have we learned since 2016 | Eric G. Cornidez, MD, MBA |
| 2:00-2:15P | Ko'Olina 4&5 | Peripheral Nerve Stimulation: Current Evidence and Targets | Scott G. Pritzlaff, MD |
| 2:15-2:30P | KoʻOlina 4&5 | Panel: Q&A | Moderated by Alaa Abd-Elsayed, MD, MPH Panel: Lawrence Poree, MD, MPD, PhD, Dave Dickerson, MD, Scott G. Pritzlaff, MD, Whitney James, MD, MHS, and Eric G. Cornidez, MD, MBA |
| 2:30-2:45P | Ko'Olina 1&2 | Break with Exhibits *not part of the CME program, no CME credit available | |
| Spectrum (| of care Series | : SCS and Surgery Case Panel Discussi | on |
| 2:45-2:50P | Ko'Olina 4&5 | Welcome and Case Presentation | Jacqueline Weisbein, DO |
| 2:50-3:05P | Ko'Olina 4&5 | Surgical, SCS, Defining Outcomes, Complications and Psychology | Michael Verdolin, MD, Steven Falowski, MD, Ravi Prasad, PhD, |

| | | | Whitney James, MD, MHS, Lawrence Poree, MD, MPD, PhD |
|-------------|---|---|--|
| Intratheca | l Drug Deliver | y/Cancer Pain Management | |
| 3:05-3:10P | Ko'Olina 4&5 | Welcome | Jason E. Pope, MD |
| 3:10-3:25P | Ko'Olina 4&5 | Optimizing ITP Therapy: Dosing, Catheter Placement, and Troubleshooting | Michael S. Leong, MD |
| 3:25-3:40P | Ko'Olina 4&5 | Interventional Treatments of Cancer Pain: Neurostimulation and Ablative Techniques | Ryan Mattie, MD |
| 3:40-3:55P | Ko'Olina 4&5 | Dr. Lisa Stearns Memorial Lecture - Procedural Education for Cancer-related Pain in Pain Medicine Fellowships: A National Program Survey | Sandy Christiansen, MD |
| Spectrum | of Care Series | : Vertebral Compression Fracture Mana | agement |
| 3:55-4:00P | Ko'Olina 4&5 | Welcome and Case Presentation | Samir J. Sheth, MD |
| 4:00-4:15P | Ko'Olina 4&5 | The Latest Updates on Vertebral Compression Fracture Management | Nick Jain, MD, Edward S. Yoon, MD, and Douglas P. Beall, MD |
| Research - | - Pushing the | Frontiers | |
| 4:15-4:20P | Ko'Olina 4&5 | Welcome | Vafi Salmasi, MD |
| 4:20-4:40P | Ko'Olina 4&5 | Presentations by 2022 PSPS Scholarship Winners | Moderator: Ryan Mattie, MD Presenters: Alexander Lopez, MD Marc Caragea, DO |
| Diversity a | nd Inclusivity | | |
| 4:40-4:45P | Ko'Olina 4&5 | Welcome | Gemayel Lee, MD |
| 4:45-5:00P | Ko'Olina 4&5 | How are we doing? Inequities in Real Time | Priyanka Ghosh, MD |
| 5:00-5:15P | Ko'Olina 4&5 | Bias in Access to Care? | Eric G. Cornidez, MD, MBA |
| 5:15-5:30P | Ko'Olina 4&5 | Chairman's Message | Jason E. Pope, MD |
| 5:40-6:40P | Ocean Lawn | Diversity and Inclusion Cocktail Reception Supported by Efforts of PSPS Goals as a Society Physician Spotlight – Lawrence Poree, MD, MPD, PhD Thank you to our sponsors: Gold Sponsor Biotronik Neuro *not part of the CME program, no CME credit available | All attendees and sponsors are welcome! Hosts: Gemayel Lee, MD, Eric G. Cornidez, MD, MBA, Priyanka Ghosh, MD |
| 7:30-9:30:P | La Hiki Restaurant - onsite at Four Seasons | Faculty Dinner Sponsored by Gold Sponsor Biotronik Neuro *not part of the CME program, no CME credit available | By invitation only |

| | Saturday, September 9th, 2023 Plenary Session | | | | | |
|--------------|--|---|---|--|--|--|
| Time | Location | Topic | Faculty | | | |
| 7:30A | | Registration Opens | | | | |
| 7:45-8:15A | Ocean Ballroom | Breakfast Product Theater and Sparkling Sunrise Mocktails Sponsored by Bronze Sponsor Relievant *not part of the CME program, no CME credit available | | | | |
| Cervical St | tenosis: Settin | g the Standard | | | | |
| 8:15A | Ko'Olina 4&5 | Welcome | Michael Y. Oh, MD | | | |
| 8:15-8:30A | Ko'Olina 4&5 | Degenerative Disorders of Cervical Spine | Namath S. Hussain, MD, MBA | | | |
| 8:30-8:45A | Ko'Olina 4&5 | Endoscopic Cervical Spine Surgery | Josiah N. Orina, MD | | | |
| 8:45-9:00A | Ko'Olina 4&5 | Cervical Complication Management | Brian W. Su, MD | | | |
| 9:00-9:15A | Ko'Olina 4&5 | Cervical Sagittal Imbalance | Stephen Ryu, MD | | | |
| 9:15-9:30A | Ko'Olina 4&5 | The Value and Risks of Cervical Transforaminal vs Interlaminar Epidural Steroid Injections | Zachary McCormick, MD | | | |
| 9:30-9:40A | KoʻOlina 4&5 | Panel: Q&A | Moderated by Michael Y. Oh, MD Panel: Namath S. Hussain, MD, MBA, Josiah N. Orina, MD, Brian W. Su, MD, Stephen Ryu, MD, and Zachary McCormick, MD | | | |
| Regenerat | Regenerative Medicine | | | | | |
| 9:40A | Ko'Olina 4&5 | Welcome | Vafi Salmasi, MD | | | |
| 9:40-9:55A | Ko'Olina 4&5 | PRP and BMAC Basics | Michael Verdolin, MD | | | |
| 9:55-10:10A | Ko'Olina 4&5 | Future Directions: Where is Regenerative Medicine Headed? | Rahul N. Desai, MD | | | |
| 10:10-10:30A | Ko'Olina 1&2 | Break with Exhibits Exhibitors are welcome to break down following conclusion *not part of the CME program, no CME credit available | | | | |
| Advocacy | Advocacy and Policy – Ensuring We Have a Seat at the Table | | | | | |
| 10:30-10:45A | Ko'Olina 4&5 | 2023 Review of Policy Changes Affecting our Field: SIJ RFA updates | Michael S. Leong, MD | | | |
| 10:45-11:00A | Ko'Olina 4&5 | Emerging Advocacy Issues- A Report From The P&A Committee | Jennifer M. Lee, MD | | | |
| Practice M | anagement - | How to Ensure Access to Care | | | | |
| 11:00-11:15A | Ko'Olina 4&5 | Protecting our Therapies | Douglas P. Beall, MD | | | |

| 11:15-11:30A | Ko'Olina 4&5 | How to Grow Your Practice. Trends of the 2020s | Denis G. Patterson, DO |
|--------------|----------------|--|--|
| 11:30-11:45A | Ko'Olina 4&5 | Maximizing the Digital Community | Priyanka Ghosh, MD |
| 11:45-12:00P | Ko'Olina 4&5 | How to Overcome Insurance Denials | Douglas P. Beall, MD |
| 12:00-1:00P | Ocean Ballroom | Lunch Sponsored by Platinum Sponsor Medtronic *not part of the CME program, no CME credit available | |
| Spectrum | of Care Series | : Sacroiliac Joint Fixation Debate | |
| 1:00-1:05P | Ko'Olina 4&5 | Welcome and Case Presentation | Pankaj Mehta, MD |
| 1::05-1:20P | Ko'Olina 4&5 | Sacroiliac Joint Fusion, Lateral & Posterior Approach Debate | Michael Y. Oh, MD, Denis G. Patterson, DO, Patrick Buchanan MD, Andy Kranenburg, MD |
| Radiofreq | uency Ablatio | n and Peripheral Nerve Stimulation | |
| 1:20-1:35P | Ko'Olina 4&5 | Emerging PNS Indications: Back Pain and Beyond | Greg Moore, MD |
| 1:35-1:50P | Ko'Olina 4&5 | Radiofrequency Ablation of Major Joints, Knee, Hip, Sacroiliac Joint, and Shoulder Update | Douglas P. Beall, MD |
| 1:50-2:05P | Ko'Olina 4&5 | Radiofrequency Ablation of Peripheral Nerves | Einar Ottestad, MD, CIPS, FIPP |
| 2:05-2:15P | Ko'Olina 4&5 | Abstract Awards Presentation | Patrick Buchanan, MD |
| 2:15-2:30P | KoʻOlina 4&5 | Top 3 Abstract Presentations Durability of Pain Relief. Interim Outcomes from SECURE: A Single arm, Multicenter, Prospective, Clinical Study on a Minimally Invasive Posterior Sacroiliac Fusion Device Safety and Efficacy of Intravenous ExoFlo in the Treatment of Complex Regional Pain Syndrome Al for Improving Readability in Spine Research | Pankaj Mehta, MD on behalf of Aaron Calodney, MD, DABA, FASA, FIPP, ABIPP Zeyn Sparks White, MD Bryce Picton, BS |
| 2:30P | Ko'Olina 4&5 | Meeting Close | Michael Oh MD |
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